

# Notice of Privacy Practices (Brief Version)

THIS NOTICE DESCRIBES HOW MEDICAL INFORMATION ABOUT YOU MAY BE USED AND DISCLOSED AND HOW YOU CAN GET ACCESS TO THIS INFORMATION. PLEASE REVIEW IT CAREFULLY.

## My commitment to your privacy

My practice is dedicated to maintaining the privacy of your personal health information as part of providing professional care. I am also required by law to keep your information private. These laws are complicated, but I must give you this important information. This is a shorter version of the attached, full, legally required notice of privacy practices. Please talk to the privacy officer (see the end of this form) about any questions or problems.

# How I use and disclose your protected health information with your consent

I will use the information I collect about you mainly to provide you with **treatment**, to arrange **payment** for your services, and for some other business activities that are called, in the law, **health care operations.** After you have read this notice, I will ask you to sign a **consent form** to let me use and share your information in these ways. If you do not consent and sign this form, I cannot treat you. If I want to use or send, share, or release your information for other purposes, I will discuss this with you and ask you to sign an authorization form to allow this.

#### Disclosing your health information without your consent

There are some times when the laws require us to use or share your information. For example:

- 1. When there is a serious threat to your or another's health and safety or to the public. I will only share information with persons who are able to help prevent or reduce the threat.
- 2. When I are required to do so by lawsuits and other legal or court proceedings.
- 3. If a law enforcement official requires me to do so.
- 4. For workers' compensation and similar benefit programs.

There are some other rare situations. They are described in the longer version of our notice of privacy practices.

# Discolosing your health information for purposes of billing and payment

I may use your information to bill you, your insurance, or others, so I can be paid for the treatments I provide to you. I may contact your insurance company to find out exactly what your insurance covers. I may have to tell them about your diagnoses, what treatments you have received, and the changes I expect in your conditions. I will need to tell them about when we met, your progress, and other similar things.

There are obligations and responsibilities when you choose to use your insurance to pay for services. Use of insurance to pay for services requires that this provider release confidential information/PHI in order to secure payment for services. If

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this provider is an in-network provider with your insurance company, she is contractually obligated to provide your insurance company with whatever information they request from your medical records at this office. Your insurance company (as the payer of your services) reserves the right to review, audit, or request any information concerning your services and records at this office. Your insurance company may request information even after you are no longer actively receiving services at this office.

## Your rights regarding your health information

1. You can ask us to communicate with you in a particular way or at a certain place that is more private for you. For example, you can ask us to call you at home, and not at work, to schedule or cancel an appointment. I will try my best to do as you ask.

2. You can ask me to limit what I tell people involved in your care or the payment for your care, such as family members and friends.

3. You have the right to look at the health information I have about you, such as your medical and billing records. You can get a copy of these records, but I may charge you for it. Contact our privacy officer to arrange how to see your records. See below.

4. If you believe that the information in your records is incorrect or missing something important, you can ask me to make additions to your records to correct the situation. You have to make this request in writing and send it to the privacy officer. You must also tell me the reasons you want to make the changes.

5. You have the right to a copy of this notice. If I change this notice, I will post the new version in our waiting area, and you can always get a copy of it from the privacy officer.

6. You have the right to file a complaint if you believe your privacy rights have been violated. You can file a complaint with the privacy officer and with the Secretary of the U.S. Department of Health and Human Services. All complaints must be in writing. Filing a complaint will not change the health care I provide to you in any way. Also, you may have other rights that are granted to you by the laws of our state, and these may be the same as or different from the rights described above. I will be happy to discuss these situations with you now or as they arise. If you have any questions or problems about this notice or our health information privacy policies, please contact the privacy officer, who is Rachel R. Domingue and can be reached by phone at 337-534-4083.

The effective date of this notice is October 1, 2012.

Rachel	R.	Don	rinai	ie .
Licensed Profess	ional C	ounselor	10	

# Child/Adolescent Client Information Form

Person(s) completing this form:	Today's date:	_//
I have: $\Box$ sole custody $\Box$ legal custody only $\Box$ share joint legal AN	ID physical custody with other paren	ıt
$\hfill\square$ I will provide a copy of legal custody papers to show who is able	to consent for mental health services	5.
A. Identifying Information/Demographics		
1. Child's full name:	Date of Birth:	Age:
Child's Social Security Number:	Home phone:	
Address:		
Biological Sex:  Male  Female		
Gender identity:  Male Female Transgender		
Sexual orientation:  Heterosexual  Gay  Lesbian  Bis	exual DUnknown	
Race (check all that apply): Caucasian/White African-Ameri	can/Black 🛛 Hispanic or Latino	🗆 Asian
□ American Indian or Alaskan Native □ Native Hawaiian or Othe	er Pacific Islander 🛛 Other:	
Current religious affiliation: Catholic Baptist Pentecosta	I 🗆 Methodist 🗅 Lutheran 🗅 Ar	nglican
□ Presbyterian □ Non-denominational Christian □ Jewish □ Is	slamic 🗆 Buddhist 🗅 Hindu Other	r:
Involvement: INone I Some/irregular I Active		
Which (if any) church, synagogue, temple, or place of worship Is this	s child and their family involved with	?
What is the primary language that this child and their family speak?		
Does this child or their parent/guardian need any translation or inter		
2. Mother's name: Birthdate:	Home ph#:	
Address:		
Currently employed?:  Yes, as:		
3. Father's name: Birthdate: _	Home phone:	
Address:		
Currently employed?:  Yes, as:	No Work phone:	
4. Child's parents are:   Married Divorced Remarried	Never married D Other:	

Client Name:	DOB:	MR#
5. Stepparent Information (If applicable)		
Stepparent's name (1):	Birthdate:	Home ph#:
Married to: D Mother on// D Fat	ther on//	
Address:		
Currently employed?:		
Has this step-parent adopted the child in question?	□ Yes □ No	
Are you consenting to release information about you	r child's treatment to this ste	ep-parent? 🗆 Yes 🗀 No
Will this step-parent be participating in counseling wi	ith your child? 🛛 Yes 🗔 N	lo
Stepparent's name (2):	Birthdate:	Home ph#:
Married to: D Mother on D Fath	er on	
Address:		
Currently employed?:		
Has this step-parent adopted the child in question?	□ Yes □ No	
Are you consenting to release information about you	r child's treatment to this ste	ep-parent? 🗆 Yes 🗆 No
Will this step-parent be participating in counseling wi	ith your child? 🛛 Yes 🗔 N	No
6. Legal guardian/custodian's name (if not mother or	father):	
Relationship to child:	Birthdate:	_ Home phone:
Address:		
Currently employed?:  Yes, as:		No Work phone:

### B. Household

#### 1. Please list all people living in the household where the child currently resides.

Name	Relationship to Child	Date of Birth	Age	Gender (M or F)

For this child, is there a history of frequent moves?	🗆 No
If yes, please provide details:	

Please describe custody and visitation agreements for this child, if applicable.

Promote Wellness

Nurture Love

Client Name:	DOB:	MR#
C. Developmental History		
1. Pregnancy and delivery		
Did mother receive prenatal care (routine appts. w/ OB/GY	N, ultrasounds, lab work)? 🛛 Yes 🛛	No 🛛 Unknown
Any medical conditions/illnesses that mother had while pre	gnant?:	
Did mother use alcohol, tobacco, or other substances while		own
Was the child born premature?  Yes No Unkno		
Any complications with the pregnancy or birth of this child?		
□ Poor Nutrition □ Breech Birth □ Poor Emotional	High Blood Pressure □ Cesarean Sec Health □ Toxemia □Jaund I help at birth:	ice
2. At what rate did child reach developmental milestones (s	itting up, crawling, walking, talking)?	
□ On time, within normal range □ Delayed If dela	yed, please explain:	
	· · ·	
3. Has this child ever been diagnosed with any speech/lang	juage disorder? 🗆 Yes 🖾 No If yes,	check all that apply:
$\Box$ Difficulty pronouncing certain sounds $\Box$ Stuttering $\Box$	Lisping Delayed speech	□ Selective mutism
□ Expressive language disorder □ Receptive langu	lage disorder	
Other:		
4. Has this child ever been diagnosed with an intellectual d	sability? 🗆 Yes 🗆 No	
Have you been diagnosed with a vision or hearing disability If yes, please provide details:	or impairment?	
5. Has this child ever been diagnosed with any of the follow □ Autism spectrum disorder □ Cerebral palsy □		ular Dystrophy
□ Tourette Syndrome □ Spina bifida □ Attention-Defici	t/Hyperactivity Disorder (ADHD)	
□ Other:		
6. Was this child adopted? □ Yes □ No If yes, please provide child's age at adoption and any relev	ant details:	
7. Has this child ever been placed in a residential placement If yes, please provide details:	•	
Promote Wellness Murture Love Page	Strengthen the Family and Can 3 of 9	nmunity

Client Name:	DOB:	MR#
8. Social development This child tends to play with children who are:	ne age 🛯 younger 🗋 older than him/her.	
Difficulty making friends?  ☐ Yes  ☐ No	Difficulty keeping friends?  Q Yes  Q No	
D. Medical Health History		
Name of Child's Primary Care Doctor/Pediatrician:	Ph#	
Other Treating Provider (if applicable):	Ph#	
For this child, list any major illnesses, hospitalizations significant accidents/injuries, surgeries, periods of los		head injuries,
Please list any and all medical conditions that this ch sleep apnea, acid reflux, diabetes, cardiovascular co		

#### List ALL medications (physical and psychiatric, as well as supplements, vitamins, etc) that this child is currently taking.

Name of medication	Dosage	Frequency (daily, as needed)

Is there any family history of physical health/medical conditions?	s 🗆 No	
If yes, please provide details:		

Is this child engaging in any of the following risky behaviors: 🗆 alcohol use 👘 drug/substance use 🔅 tobacco use □ risky sexual behaviors (e.g. sexually active, multiple partners, unprotected sex)

Client Name:	DOB:	MR#
E. Behavioral Health History		
1. Has this child ever been diagnosed wit ADD ADHD Asperger's A		Conduct Disorder
Depression Anxiety Bipolar Di	sorder D Other:	
2. Has this child ever received counseling If yes, please provide details (provider?, v		
3. Has this child ever taken medications for If yes, please provide details (provider?, w		
4. Has this child ever been hospitalized for If yes, please provide details (provider?, w		
5. Has this child ever used drugs/tobacco If yes, please provide details (what substa		
6. Is there any family history of mental he If yes, please provide details:		
F. Trauma/Abuse history: PLEASE BE AWARE OF LIMITS OF COI MANDATORY REPORTING LAWS, I AM CHILDREN, THE ELDERLY, AND VULNI WELCOME TO SKIP THIS SECTION AN Has this child ever experienced any of the	I REQUIRED TO REPORT SUSPICIONS ERABLE ADULTS. IF THIS IS A SENSIT ID ASK TO DISCUSS IT WITH ME WHILE	OR KNOWLEDGE OF ABUSE OF IVE TOPIC FOR YOU, YOU ARE
□ physical abuse □ verbal/emotio	nal abuse 🛛 🔍 sexual abuse	
neglect (e.g. lack of basic necessities,		
Witnessed domestic violence	Witnessed a traumatic or violent death	
Other:		
□ This child does NOT have any history	of trauma/abuse.	
□ This child Is NOT currently experiencir	ng any trauma/abuse.	
Has this child ever perpetrated abuse aga	ainst someone else (physical, verbal/emot	ional, sexual)? 🛛 Yes 🖾 No
Promote Wellness	Nurture Love Strengthen the Page 5 of 9	Family and Community

Client Name:	DOB:	MR#
G. Educational History		
School child attends:	Grade: _	
At school, this child is in:	es 🗅 resource 🗅 504 🗋 special education classes	□ gifted/talented
Has this child ever been diagnosed with a l	earning disorder? 🛛 Yes,	🗆 No
Does this child have an IEP? □Yes □N	o Does this child have a behavior plan at school?	□Yes □No
Has this child ever repeated a grade?	Yes D No If yes, which grade?	
Has this child ever skipped a grade?  Ye For what reason?	es  □ No If yes, which grade?	
Has this child had issues with behavior/disc If yes, for what reason?		
Name of current teacher:	School counselor:	
May I call and discuss your child with the:	current teacher?   Yes   No   school counselor	? 🗆 Yes 🗆 No
H. Legal Issues		
1. Is this child required by a court, the polic	e, or a probation/parole officer to have this appointment	? 🗆 Yes 🛛 🗅 No
If yes, please explain:		

2. List all the contacts this child has had with the police, courts, and/or juvenile detention. Include all open charges and
pending ones. Under "Jurisdiction," write in a letter: F = federal, S = state, Co = county, Ci = city.
Under "Sentence," write in the time and the type of sentence you served or have to serve (AR = accelerated or
alternate resolution, CS = commu-nity service, F = fine, I = incarceration, Pr = probation, Pa = parole, O = other, R =
restitution).

/					
Date	Charge(s)	Jurisdiction (F,S,C,Ci)	Sentence (AR, I, Pr, Pa)	Probation officer's name	Attorney's name

□ This child does NOT have any history of contact with the police, court, or juvenile detention.

3. Are there any custody issues involving this child that are being reviewed in the court/legal system right now?

I. Strengths/Hobbies/Leisure Activities						
Educated	□ Cor	nmon Sense/Pra	actical knowled	dge 🛛 🗅 Artistic	Creative	Musical
Verbal/Written Communication skills     Insightful/Psychologically minded Athletic     Humor						
Physically health	ny 🗆	Empathetic/Com	passionate	□ Assertive	Confident	Brave/Courageous
□ Hard-working □ Self-disciplined/Self-control □ Honest □ Optimistic/Hopeful □ Forgiving						
□ Flexible/Open-mi	inded	Persistent	Curious	Patient	□ Modest/Humb	le 🛛 Imaginative

Client Name:	DOB:		MR#	
□ Adventurous/Willing to try new things	Logical thinking/Analytical	Love of learning	Ambitious	
□ Motivated/Proactive/Self-starter □ Ge	enerous 🗅 Helpful 🛛 🗅 Res	silient 🛛 Cooperati	ve/Good in groups	
Loyal/Dedicated Dobservant	) Organized/Orderly/Neat 🗅 Tru	stworthy 🛛 Plann	ing ahead	
□ Problem-solving □ Faith/Spiritualit	y 🔲 Committed to fairness/ju	ustice 🛛 Leadershi	р	
□ Has hobbies/interests □ Has a goo	d support network of family/friends	s 🛛 Works		
Other:				
J. Special skills or talents of child List this child's hobbies, sports, recreation	al, musical, TV, etc. preferences: _			
List this child's strengths (character/persor	nality traits):			
What are this child's future career interests	s?			
K. Current Needs for this child and his/her Check all that apply:	family:			
Transportation  Food  Housin	ng 🛛 Financial Assistance	Employment	Education/Career	
□ Translation or Interpreter services	Other:			
L. Community Resources that this child an Check all that apply:	d their family are currently using:			
□ Medical Transportation □ Public tran	sportation	ance/Section 8		
□ WIC/SNAP (food stamps) □ Food pantry □ IEP/504/Resource/ESL services at school				
Childcare assistance Social Security benefits Supplemental Security Income benefits (SSI)				
□ Translation or Interpreter services □ Health Insurance assistance (Medicaid, Medicare, marketplace policy)				
Other:				

### M. Other

Is there anything else I should know that doesn't appear on this or other forms?

#### IMPORTANT NOTICE CONCERNING COUNSELING WITH MINOR CHILDREN

Even when a child is seen individually for counseling, the parents/guardians are considered a vital part of the process. Therefore, they will be included in adult only consultations/updates and will very likely participate in the child's counseling sessions throughout treatment. Although legally parents/guardians have the right to know information about their child's treatment, please allow the child some privacy; otherwise, the safe atmosphere necessary for the therapeutic process will be compromised. I will provide updates on the general themes and goals of therapy, but will avoid specifics. If I discover that your child is having thoughts of harming themselves or others OR are engaging in high-risk behaviors that are dangerous to his/her wellbeing, I will immediately notify the parent/guardian. You are your child's primary support and teacher, so your participation will only increase the likelihood that the treatment will be effective.

\*A parent/guardian is expected to be present in the waiting room during their child's entire counseling session.\*

Client Name:	DOB:	MR#				
Child Checklist of	Presenting Concerns					
Person completing this form:	Relationship to child:					
Please mark all of the items below that apply to this child, other concerns or issues." You may add a note or details it		m under "Any				
Argues, "talks back," smart-alecky, defiant						
Bullies/intimidates, teases, is bossy to others, picks on	, provokes					
□ Cruel to animals						
□ Conflicts with parents over house rules, money, chores	, homework, grades, choices in music/cloth	es/hair/friends				
□ Complains						
Cries easily, feelings are easily hurt						
Dawdles, procrastinates, wastes time						
□ Difficulties with parent's paramour/new marriage/new f	Difficulties with parent's paramour/new marriage/new family					
Dependent, immature						
Disobedient, uncooperative, refuses, noncompliant, doesn't follow rules						
Distractible, inattentive, poor concentration, daydreams, slow to respond						
Drug or alcohol use						
□ Eating–poor manners, refuses, appetite increase or de	crease, odd combinations, overeats					
□ Education/school issues (poor/failing grades, discipline	∌/behavior, truancy, refusing to go, in dange	r of not				
completing high-school/dropping out)						
Extracurricular activities interfere with academics						
Fearful (specific phobias:		)				
G Fighting, hitting, violent, aggressive, hostile, threatens,	destructive					
□ Fire setting						
Frequent physical complaints; reports feeling sick often						
Immature, "clowns around," has only younger playmates						
Interrupts, talks out, yells						
Isolates, withdrawn						
Lacks organization, unprepared						
Lacks respect for authority						
Learning disability						
Legal difficulties-truancy, loitering, panhandling, drinki	ng, vandalism, stealing, fighting, drug sales					
Lying						
Low frustration tolerance, irritability						
Promote Wellness Nurture Lov	e Strengthen the Family and Comm.	unity				

Client Name:	DOB:	MR#				
Moody						
Nervous, anxious, worries more than other children						
Nightmares						
Need for high degree of supervision at home over play/chores/schedule						
Obedient						
□ Obesity	□ Obesity					
Overactive, restless, hyperactive, out-of-seat behavior	rs, restlessness, fidgety, noising	ess				
Oppositional, resists, refuses, does not comply						
Pouts, sulks						
Recent move, new school, loss of friends						
Relationships with brothers/sisters or friends/peers are poor (e.g. competition, fights, teasing/provoking, assaults)						
Runs away						
Sad, unhappy						
Self-harming behaviors (e.g. biting or hitting self, head banging, scratching self, cutting)						
Speech difficulties						
Sexual – sexual preoccupation, public masturbation, inappropriate sexual behaviors						
□ Shy, timid						
□ Stubborn						
Suicide talk or attempt						
Swearing, blasphemes, foul language						
Temper tantrums, rages						
Teased, picked on, victimized, bullied						
Underactive, slow-moving or slow-responding, lethar	gic					

- U Work problems not able to maintain grades while working, not handling job responsibilities/poor work performance
- □ Verbally abusive insulting, name-calling, intolerant

Any other concerns:

# \*\*\*Please look back over the concerns you have checked off, choose the one that you most want your child to be helped with, and circle it.\*\*\*